



## Supplemental Tiger Den Meeting O

### Go See It: Healthy Teeth and Gums

Elective 46.

### Preparation and Materials Needed

- ▶ Make arrangements for your den to take a Go See It to visit a dental office to visit a dentist or dental hygienist.
  - Ask the host to be prepared to explain and show the boys interesting things in the office, as well as give dental hygiene advice.
  - Alternatively, if transportation or logistics are a problem, you could have a dentist or dental hygienist come to your meeting, but be sure that they bring tools and hands-on items that the Tiger Cubs can examine.
- ▶ Materials checklist (add to your den box of U.S. and den flags, paper and pencils, other supplies):
  - Tiger Track Beads for Tiger Cub Immediate Recognition Emblem

### Before the Meeting

- ▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

### Gathering

- ▶ Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ▶ Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

### Opening

- ▶ Conduct flag ceremony and Pledge of Allegiance.
- ▶ Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

### Business Items

(On a Go See It field trip, you'll really need to determine when to cover these—at the beginning may not make sense. Work it in when you can do it in a way that works for you):

- ▶ Remind the boys of appropriate behavior, including safety considerations, at the site of your visit.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

### Activities

- ▶ **Elective 46** ("Visit a dentist or dental hygienist."):
  - Visit with a dentist or dental hygienist and ask what you can do to take care of your teeth and gums.
  - Ask the person what he or she had to learn about the job that they do.
  - Ask the person for a tour of the office, and to see how the machines and tools work.

### Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ▶ Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ▶ Hand out or send family information letter.

### After the Meeting

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ▶ Refreshments: If appropriate
- ▶ Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.